

#### SOUTHERN SURGICAL ARTS



SOUTHERN SURGICAL ARTS (SSA) OFFERS A VARIETY OF SPA TREATMENTS SPECIFICALLY TAILORED AND CUSTOMIZED FOR YOUR UNIQUE NEEDS. WHETHER YOUR SKIN CONCERN IS AGING, ACNE, TEXTURE, LARGE PORES, SUN DAMAGE, PREVENTION, DRY SKIN OR OILY SKIN, WE HAVE A TREATMENT FOR YOU. SINCE 2004, WE HAVE BEEN THE AREA'S LEADER IN PROVIDING THE MOST ADVANCED TECHNOLOGY. OUR SPA TREATMENTS ADDRESS ALL SKIN TYPES. OUR SERVICES RANGE FROM REJUVENATING FACIALS TO CUSTOM CHEMICAL PEELS TO THE SOME OF THE LATEST TECHNOLOGY SUCH AS THE DERMAPEN AND MICROPHOTOTHERAPY. WE ALSO OFFER WAXING, MICRODERMABRASION AND VIBRADERMABRASION.

# SPA & SKIN

TREATMENTS



## CHEMICAL PEELS

Southern Surgical Arts offers medical grade chemical peels as a quick and convenient way to enhance appearance and self confidence. Get a healthy glow with little or no downtime.

Chemical Peels have been used for decades to revitalize and resurface skin. They involve applying a chemical solution to remove the damaged outer layers of skin and reveal a younger, clearer, more radiant complexion. Chemical peels, also known as "Lunchtime Peels" are traditionally performed on the face, hands, neck, back and shoulders, legs and other problem areas to treat fine lines, wrinkles, age spots, and skin discoloration.

A series of three to six treatments are required for maximum results, depending on which peel and strength is used. These are spaced two to three weeks apart. The results of the peel are quickly evident. This form of skin rejuvenation is highly recommended for all types of skin, especially mature skin that has been sun-damaged and is beginning to show signs of aging. Most people notice a change in skin appearance and texture right away. Improvement continues over the course of the treatments revealing fresher, younger skin. Mild peels usually take about 20 minutes, making the procedure convenient and accessible at any time of the day, even the lunch hour!

Southern Surgical Arts offers a wide variety of medical grade chemical peels, using the best brands and ingredients. Come on in and let the expert aestheticians at SSA determine the right treatment program for your skin.

#### SKIN LIGHTENING PEEL

At SSA, we customize the peel formulations to effectively exfoliate with blends of lactic, citric and salicylic acids and resorcinol, while bleaching and inhibiting pigment production with kojic acid and hydroquinone (where indicated). These specialized peels help repair and reduce breakouts, control oil, soften lines, treat pigmentation, aging skin, menopausal skin and photo damage / sundamage skin to provide a more even, smoother skin texture.

#### SALICYLIC ACID TREATMENT

\$129

This chemical peel treatment helps to smooth surface texture, clear blocked follicles and reduce the incidence of breakouts. Salicylic Acid has anti-inflammatory benefits along with strong keratolytic action to create even, healthy skin.

#### TCA PEEL

\$299 / \$399\*

This peel uses several strengths of trichloroacetic acid (TCA) based on your individual skin type, and effectively removes the surface layers of aged and sun-damaged skin. Benefits of the TCA peel include skin tightening, decreased appearance of fine lines, wrinkles and superficial pigment lesions with shorter recovery than laser resurfacing. TCA peels are the solution for patients with more dramatic wrinkling and photodamage/sun damage. This peel is great for more resilient skin types, thicker skin and patients with acne scarring. May be repeated in 6 weeks.

\* \$299 for 20% peel and \$399 for 30% peel

Jessner's Peel is a superior treatment designed to remove superficial layers of skin. It's one of the most effective light cosmetic peels available. A Jessner peel consists of a mild peeling agent that can be used to lighten areas of hyperpigmentation and to treat aged sundamged skin. The Jessner's peel is excellent for all skin types. It smoothes and rejuvenates skin, producing beautiful results in treating mild to severe acne, discoloration, moderate wrinkling, and sun damage. Peeling the face, neck, hands, and upper chest is also quite effective. The Jessner's peel is very beneficial for patients with acne, oily, or thicker skin, because it tends to decrease oil production and open clogged sebaceous follicles. It also contributes to the healing process of acne.

\* add \$49 for each additional pass

#### ACNE PEEL

\$129

Micropeel is a chemical peel for sensitive skin. It is formulated with niacin, lactic acid and usnic acid to gently exfoliate and decongest even the most sensitive skin while balancing moisture levels. This clinical procedure combines dermaplaning (physical exfoliation) and chemical exfoliation to reduce signs of aging. The Micropeel improves the appearance of fine lines, wrinkles, dullness, and visible skin imperfections in a series of 4-6 consecutive procedures.

#### RENAISSANCE 2 PEEL

The Renaissance 2 Peel is a medium-strength peel consisting of multiple peeling agents and a DNA repair topical treatment. Lactic acid, salicylic acid and resorcinol diminish signs of wrinkles, lighten appearance of hyper-pigmentation, control acne-prone skin. DNA Total Repair, a product sold by Neova and available at SSA, speeds recovery from visible signs of past photodamage.

#### CUSTOM BLENDING TREATMENTS SEE AESTHETICIA

These peels are custom mixed for you. Our aesthesticans will analyze your skin and determine how to meet your skin care goals with our array of chemicals, including glycolic, salicylic, latic and kojic acids.

### **FACIALS**

Facials help maintain your skin's health all year long. Most patients receive facials every 4-6 weeks. Depending on your skin, facials may be needed more or less frequently to address certain problems. You should, at minimum, have a facial with each season change to reevaluate your skin's needs and home regimen.

Southern Surgical Arts facial treatments consist of the most advanced medical grade and botanical skin care products available. Our commitment to personal attention and high quality in every detail marks the strong difference between us and other spas. We love what we do, and it shows in our results. Take the first steps toward the beautiful skin you've always wanted with a free consultation with one of our licensed aestheticians.



#### SSA SIGNATURE FACIAL

This facial treatment is exactly as it sounds. This is Southern Surgical Arts signature facial treatment. You can be assured that all products that touch your skin are high quality and or medical grade products that are used and available only in exclusive spas. From beginning to end, we customize all the products from: steam, cleanser, toner, exfoliants, mask, massage, hand paraffin, finishing serums as well as sunblock to complete the treatment. For your luxury and convenience we offer 30 minute and 60 minute facials. Every minute is worth it!

\* \$79 for 30 minutes and \$129 for 60 minutes

#### HYDRATING FACIAL TREATMENTS

\$119

Ideal for dry and dehydrated skin. The Hydrating facial is a long-lasting, deep-hydrating facial for all skin types, including mature skin. It's great after sun exposure. A special hydrating facial mask and lotion are applied along with customized facial massage to reinforce the penetration of the epidermis, providing instant hydration. This treatment utilizes a special hydrating and face-lifting cream to help boost your skin's moisture level. Your skin will be soothed and calmed, and its elasticity will be greatly enhanced. Your skin will feel softer and tighter after the treatment. Let our aestheticians nourish and replenish your skin's moisture levels with a highly hydrating facial.

#### TEEN FACIAL

\$79

We've tailored this treatment to the special needs of adolescent skin, combining steam, deep cleansing, gentle extraction process along with a calming mask to restore balance and beauty to young skin.

"Facials are a great way to relax and rejuvenate your face and mind. I love doing facials and making clients feel good about their skin. Everyone loves to feel pampered and relaxed at the same time and that's why I am here!"

Felicia Velarde

Aesthetician

#### ANTI-AGING FACIAL

\$129

Indulge your skin in pure caviar extracts to battle signs of aging. This Anti-Aging treatment definitely improves skin's elasticity, increases skin oxygenation and suppleness. Southern Surgical Arts Anti-Aging treatment will promote skin rejuvenation and dramatically reduce facial expression lines and wrinkles.

#### ACNE / DETOXIEYING DEEP PORE TREATMENTS

\$129

Southern Surgical Arts active blend of lactic, glycolic and salicylic acids effectively penetrates pores to dissolve impactions, kill bacteria, reduce inflammation and remove excess cell debris to leave the skin hydrated, purified and clear. Great for detoxifying all skin types.

#### ANTIOXIDANT VITAMIN C FIRMING FACIAL

\$11

Strengthen elasticity and help prevent premature aging caused by UV exposure, Irritation, and Inflammation associated with Problematic, Rosacea, and Sensitive skin type. Utilizing antioxidants rich in vitamins and minerals providing skin with a healthy glow.

#### ESSENTIAL EXPRESS FACIAL

\$79

A deep cleansing treatment with Clarifying Clay Masque, which refines and remineralizes dull, lifeless skin. Shoulder and neck massage while steaming, extractions if needed for an additional charge. Leaves skin renewed and radiant.

A two-part thermal lifting mask that firms, hydrates, and repairs sun damage will guarantee that your neck and décolleté never give away your age...

#### BACK FACIAL

\$14

Ensure that your back is as gorgeous as your face and décolleté with a session devoted exclusively to your flip side. Banish unsightly blemishes and redness from your neck, shoulders and back with a relaxing back facial. Great for men or women with "Backne" or to get you Little-Black-Dress ready!

## SKINCARE

Southern Surgical Arts offers a variety of skincare treatments to enhance your appearance and help you greet the world with confidence. Most of our treatments can be performed over your lunch hour. Our aesthesticans are trained to customize your treatment to ensure optimal results.

Skincare treatment at Southern Surgical Arts range from at-home skincare products to in-office services such as Dermapen, microdermabrasion and other techniques to help you feel rejuvenated. Make your appointment with one of our expert aesthesticans to determine what treatment is right for you!

DERMAPEN® \$299

Dermapen\* is an advanced skin micro-needling device that works to tighten, lift and rejuvenate the skin. The unique spring-loaded needle tip of the Dermapen uses an automated needling motion that minimizes pain and discomfort, while better promoting an even absorption of topical serums, such as PRP, hyaluronic acid, hydrogenated collagen, vitamin C and peptides into the skin. The results are youthful looking skin with even tone and texture and down-time of only one day.

Awarded "Best Professional Skin Rejuvenation Device" at THE Aesthetic Show 2012, the Dermapen is effective in reducing fine lines and wrinkles, minimizing pore size and acne scars.

#### MICRODERMABRASION

\$99

Medical exfoliation to minimize fine lines, pores, scars, discoloration, sun damage and more Microdermabrasion is a non-invasive procedure that removes the outer, dead layers of the skin, stimulates cell turnover and collagen growth. A facial is included with this procedure to maximize results. You will see and feel immediate improvement in the look and texture of your skin.

#### DERMAPLANING

\$89

Dermaplaning is a manual, physical exfoliation technique that safely and efficiently removes surface debris with a dermaplaning blade. This treatment has many benefits and is quick, safe and effective with no downtime.

ADD-ONS TO FACIALS			
Treatment Mask	\$29		
Microdermabrasion	\$49		
Chemical Peel	\$49		
Microphototherapy	\$49		
Dermaplaning	\$59		
Paraffin to the Hands or Face	\$29		

Dermaplaning can be done as an add-on during a facial treatment or before specific chemical peels to allow for better penetration of the solution or product. Dermaplaning is a great tool to achieve more even exfoliation and better results for antiaging treatments. Your skin will immediately appear brighter, more youthful looking and will feel smoother.

#### **VIBRADERM**

\$9

Vibraderm technology consists of paddles with patented vibrating surfaces that move over the skin at rapid speeds. During this process, old skin cells are exfoliated and new collagen is produced, quickly improving the texture, smoothness, and tone of the skin at the point of treatment.

Fast and extremely safe, Vibraderm is also one of the most versatile skincare solutions available, applicable to treatment on virtually any area of the body. This makes it an ideal treatment for everything from mild acne scars to age spots, fine lines, wrinkles, sun damage, dull skin, and over-sized or clogged pores.

#### WAXING, BROW AND LASH TINTING

ON SIDE

Would you like to skip the mascara step in your daily makeup routine, and still have great looking lashes all the time? Would you like for your brows to match your new incredible hair color, but your cosmetologist refuses to help you due to safety concerns? If you're naturally blond, would you like for your lashes and brows to always be dramatically visible without the use of all the products? Do you have an upcoming wedding, vacation, or other special

event where you would like for your eyes to look great without fear of smudging and smearing? You can, with a popular procedure known as tinting.

There are a variety of reasons people seek lash and brow tinting, but we at SSA know that safety should be considered. Although reported experiences are isolated, adverse reactions and consequences have occurred when people choose inexperienced individuals to perform the tinting. Southern Surgical Arts safely and routinely tints lashes and brows. The procedure requires only one trip to the office and the tinting lasts an average of 4 to 6 weeks. Do not tweeze or wax prior to the procedure so that the maximum benefit may be achieved.

WAX & TINT PRICING		
Tweeze	\$15	
Lash Tint	\$25	
Brow Tint	\$25	
Tint - Both	\$40	
Eyebrow Wax	\$20	
Lip/Chin Wax	\$15 each	
Cheeks	\$15	
Call for pricing for other areas		



### BRIDAL PACKAGES







# YIKES, MY WEDDING IS A WEFK AWAY

Your choice of two or more services scheduled one week before your wedding. Usually includes Dermapen, Microdermabrasion, Facials and Waxing.

#### SIX WEEKS BEFORE THE BIG DAY

Choose three or more services scheduled 6 weeks before your big day. Typical choices are Botox, Fillers, Lasers, Facials, Dermapen and Waxing.

#### I WANT IT ALL

You choose four or more services as early as one year before your wedding but as close as 6 months to your big day. Laser Resurfacing, Botox, Fillers, Laser Hair Removal, Sun Spot Removal.

# LASER

TREATMENTS

Laser technology at Southern Surgical Arts is what we are known for. Since 2004, we have been the area's leader in providing the most advanced technology for non-invasive, quick recovery treatments for our patients. We have the most complete line of lasers and light therapies in the entire tri-state region. Our lasers have multiple modes that allow for precise targeted treatments, as well as full field and fractional treatments. This allows us to treat any skin type with any aesthetic concern while also allowing us to customize your recovery to your lifestyle.

Dr. Nease and Dr. Deal consistently research aesthetic lasers and often teach other physicians how to use them. Our aestheticians receive the latest training yearly so that you can be assured you are getting the best possible results. Our fleet of 11 lasers and highly skilled staff will give you the confidence you need to show the world your natural beauty.

#### ACNE (IPL)

IPL for acne is an advancement in light-based acne treatment that uses the blue light spectrum. Clinical studies have shown that we can achieve in one treatment of PIPL what normally takes us 3-4 treatments with traditional IPL.

## ADVANCED INTENSE PULSE LIGHT/BBL TREATMENTS (PHOTO FACIAL)

Southern Surgical Arts offers the most advanced and widest variety of IPL (intense pulsed light) technology. IPL is often called photorejuvenation or photo facial. It is the gold-standard for the treatment of hyperpigmentation, sun damage, active acne, and

## ACNE THERAPY PRICING

Full Face \$299

All other areas quoted upon consultation.

IPL PRICING		
Full Face	\$299	
Neck	\$149	
Chest	\$249	
Forearms/Hands	\$249	
Full Arms	\$349	
Hands	\$99	
Full Legs	\$599	
Spot Treatment	\$49*	
*Minimum charge. Actual price quoted upon consultation.		

MICROLASER PRICING		
Depth of Peel	Up to 35 Micron	More than 50 Micron
Face	\$299	\$699
Neck	\$249	N/A
Chest	\$299	N/A
Cheek, Mouth & Hands	\$199	N/A
Spot Treatments	\$79	

PROFRACTIONAL PRICING	
Face	\$1899
Wart Removal	\$299 & up

even collagen rejuvenation for improved skin texture and tone. You may notice positive changes even after your very first session. We recommend an initial series of 3-5 treatments, one every 4 weeks. Depending on the condition of your skin, more treatments may be necessary. Many people maintain their results with an additional maintenance treatment every 6-18 months.

#### MICROLASER PEEL\*

The MicroLaser Peel is ideal for total skin rejuvenation. The Sciton laser utilizes a short-pulsed erbium laser to ablate the outer layers of the skin at precise depths. We offer these "peels" from 4-50 microns. This treatment delivers excellent results for poor skin tone, fine lines and wrinkles, acne scars, sun-damage, etc. One 10-micron MicroLaser Peel is the equivalent of 6-10 microdermabrasion treatments. You may experience 1-7 days of redness, swelling, and/or peeling with this procedure depending on the depth. We may recommend anywhere from 1-6 treatments depending on your skin, schedule and desired results.

#### PROFRACTIONAL LASER TREATMENT\*

ProFractional laser treatments are laser procedures used for dramatically improving the overall appearance of your skin including wrinkles, scars, tone and texture. ProFractional uses a microbeam to treat thousands of pinpoint areas of your skin, and because only a fraction of the skin is directly treated with the laser, healing time is quick and downtime is short. You may experience some pinpoint bleeding and 2-4 days of redness and/or peeling with this procedure

<sup>\*</sup> There are recovery products required for this treatment. We will send you home with a starter kit after your first MicroLaser Peel.



## CO2 PRICING Face \$1899

VBEAM PRICING		
Full Face	\$249	
Neck	\$199	
Chest	\$249	
Cheeks	\$129	
Leg Veins	\$129 & up	
Spot Treatment (scars)	\$129	
Spot Treatment (e.g. cherry mole)	\$49*	
*Minimum charge. Actual price quoted upon consultation.		

depending on the depth. We may recommend anywhere from 1-5 treatments depending on your skin and schedule.

#### 002

This treatment helps smooth deep wrinkles, heats tissue to firm skin, treats brown spots, improves skin irregularities, and reduces pore size with minimal bleeding and swelling. We may recommend anywhere from 1-5 treatments depending on your skin and schedule.

#### **VBEAM TREATMENTS**

Southern Surgical Arts offers the most advanced technology for rosacea, vascuar lesions, and active acne. Our Vbeam treatments are considered the gold standard. You may notice positive changes even after your very first session. We recommend an initial series of 3-5 treatments, one every 4 weeks. Depending on the condition of your skin, more treatments may be necessary. Many people maintain their results with an additional maintenance treatment every 6-18 months.

#### LASER HAIR REDUCTION/REMOVAL

Southern Surgical Arts offers the latest technology for laser hair reduction/removal. We were the first to introduce laser hair removal in the Northwest Georgia area. We currently have three types of lasers (YAG, GentleMax, and IPL). This enables us to customize your treatment – even for darker skin tones. All of our lasers are FDA approved and operated by highly trained technicians. You may need 5-8 treatments for partial/total clearance.

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Consult	No Charge
Upper Lip	\$49 & up
Chin	\$49 & up
Upper Lip & Chin	\$79 & up
Nose (Exterior)	\$49 & up

Sideburns

Between

Eyebrows

Forehead

Back of Neck

Front of Neck

Underarms

Line Below

Hands

Toes

Belly Button

Feet & Toes

\*Per treatment

F.ars

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a

\$49 & up

\$15 & up

\$75 & up

\$29 & up \$129 & up

\$75 & up \$99 & up

\$79 & up

\$75 & up \$49 & up

\$75 & up

Traditonal Bikini Brazilian Bikini

Lower Face

Full Arms

Arm: Hand

Full Tummy

Lower Back

Full Back

Buttocks

Thighs

Legs: Toes

to Knees

Full Legs

Full Legs

& Bikini

Full Legs &

Brazilian Bikini

Extended Bikini

to Elbow

Areolas

\$99 & up \$199 & up

\$599 & up

\$149 & up

\$149 & up

\$299 & up

\$199 & up

\$199 & up

\$49 & up

\$249 & up

\$499 & up

\$149 & up

\$249 & up

\$199 & up

\$499 & up

\$399 & up

Traditional Bikini

Full Legs

Thighs

Beard

Full Arms

to Flhow

Chest

Ahs

Arms: Hand

Chest & Abs

Shoulders

Lower Back

Back &

Shoulders

Brazilian Bikini

Full Legs

& Bikini

Full Legs &

Charge to

Shave Back

Brazilian Bikini

Buttocks

\$299 & up \$249 & up

\$149 & up

\$399 & up

\$249 & up

\$249 & up

\$249 & up

\$499 & up

\$249 & up

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\$599 & up

\$699 & up

\$99



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